

# VU Research Portal

## Effectiveness of an intervention programme on arm, shoulder and neck symptoms in computer workers

Spekle, E.

2011

### **document version**

Publisher's PDF, also known as Version of record

[Link to publication in VU Research Portal](#)

### **citation for published version (APA)**

Spekle, E. (2011). *Effectiveness of an intervention programme on arm, shoulder and neck symptoms in computer workers*. [PhD-Thesis - Research and graduation internal, Vrije Universiteit Amsterdam].

### **General rights**

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal ?

### **Take down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

### **E-mail address:**

[vuresearchportal.ub@vu.nl](mailto:vuresearchportal.ub@vu.nl)

VRIJE UNIVERSITEIT

***Effectiveness of an intervention  
programme on arm, shoulder  
and neck symptoms in computer workers***

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan  
de Vrije Universiteit Amsterdam,  
op gezag van de rector magnificus  
prof.dr. L.M. Bouter,  
in het openbaar te verdedigen  
ten overstaan van de promotiecommissie  
van de faculteit der Bewegingswetenschappen  
op donderdag 3 november 2011 om 13.45 uur  
in de aula van de universiteit,  
De Boelelaan 1105

door  
Erwin Martijn Speklé  
geboren te Renkum